



Teens Training Teens

Psychological First Aid (PFA)

Learn skills for Psychological First Aid (PFA) a 3-hour online course designed to help high school students gain skills to manage distress and cope with post-disaster stress and adversity. This will help teens who want to learn new skills for dealing with crisis and support others in the aftermath of a disaster or traumatic event.

PFA is offered by Iowa high school students across Iowa who will train others in becoming ready to deal with crisis and trauma response.

March 29th and 31st 6:00 to 7:30

Please send response to Karen Hyatt at khyatt@dhs.state.ia.us and training link will be sent.

